

## SESSION PLAN TWO:

# ► STAYING IN WORKING ORDER

Staying safe at work is an important aspect of employment. The DVD scenarios highlight hazards in the workplace and strategies young workers can use to stay safe. Guided activities are offered to assist students in discussing the DVD scenarios and characters.

### This session's themes are:

- Typical casual and part time jobs done by young workers
- OHS scenarios affecting young workers
- Strategies young workers can use to stay safe at work

**Time required:** 1 – 2 lessons

### This session will help young people to:

- Identify some of the OHS hazards and risks present in a variety of work situations
- Identify strategies to remove or reduce OHS hazards or risks.

### To run this session you will need to:

- Have a copy of the DVD: In Working Order
- Read and make one copy of the **Teachers' DVD Scenario Discussion Guide** (attached below)
- Print double sided copies of **Activity Sheet 2: In Working Order** (attached below)
- Set up a DVD player and monitor/TV



# ▶ LESSON ACTIVITIES

▶ IN WORKING ORDER

## PART ONE: IN WORKING ORDER DVD

1. Explain to students that they will be watching a DVD containing six young worker scenarios. The key themes of the DVD are:
  - Typical casual and part time jobs done by young workers
  - Some of the workplace OHS hazards and risks experienced by young workers
  - Common types and causes of workplace injury sustained by young workers
  - Strategies that young workers can use to stay safe at work
2. Distribute **Activity Sheet 2: In Working Order**
3. Begin playing the DVD at any scenario. A discussion prompt screen will appear during the scenario. Either pause the DVD to discuss the question or allow the scenario to continue.
4. Ask students to complete **Activity Sheet 2** after viewing each scenario. Review student answers. Alternatively, ask students to write their responses in their workbooks.
5. Using the **Teachers' DVD Scenario Discussion Guide**, ask questions to elicit further details and information from the DVD.



# TEACHERS' DVD SCENARIO ANSWER SHEET

## ▶ KRISTEN

AGE: 17

JOB: CAFE WAITRESS



**Responsibilities** waiting tables, serving coffees, drink and food preparation, washing dishes

**OHS Hazards:** cutting implements and utensils (knives, graters, vegetable peelers), boiling/hot water and liquids (oil, coffee, tea, milk), equipment used in food preparation (oven, deep fryer, grills), wet/greasy floors, broken glass/crockery, cleaning chemicals

**Barriers to OHS:** no OHS orientation or training (showing how to do the job safely and training in identifying and reporting hazards), poor communication between staff about OHS hazards (out of order/wet floor signs, reporting hazards), no regular staff meetings to discuss OHS hazards

**Injuries:** cut on her finger (knife) and burnt wrist (boiling water)

**Strategies** put up signs in the kitchen, encourage greater communication at work about OHS hazards, conduct regular meetings to discuss and resolve OHS hazards

## ▶ DARCY

AGE: 15

JOB: LAWN MOWER



**Responsibilities** mowing grass, cutting edges, spraying weed killer, removing clippings and waste

**OHS Hazards:** power tools (whipper-snipper, lawn mower), non-powered hand tools (secateurs, hand clippers, hand saws, hammers, screwdrivers, pliers), manual handling (carrying and lifting equipment/garden clippings), hazardous chemicals (weed killer, fuel), being struck by objects (flying debris, tree branches)

**Barriers to OHS:** no OHS orientation or training (showing how to do the job safely and training in identifying and reporting hazards), inadequate/no use of personal protective equipment (goggles, earmuffs, sunscreen, boots, long pants), not following OHS procedures (not wearing/incorrectly wearing employer provided personal protective equipment)

**Injuries:** cut eye (mower)

**Strategies** wearing necessary personal protective equipment correctly at all times, training in how to do the job safely and how to identify and avoid hazards, OHS procedures enforced by employer

## ► AMELIA AGE: 14 JOB: BABYSITTER



**Responsibilities** supervising children, preparing meals, changing nappies

**OHS Hazards:** equipment used in food preparation (oven, microwave), cutting implements (knives), being struck by children and objects (playing, tantrums, accidents), manual handling (lifting/ lowering/ carrying/restraining children, toys and play equipment), biological hazards (vomit, runny noses, saliva, used nappies)

**Barriers to OHS:** no OHS orientation and training (showing how to do the job safely and training in identifying and reporting hazards), no manual handling training (safe techniques to avoid sprains and strains), hazardous workplace practices (taking/allowing children into kitchen during food preparation/ cooking, not restricting children's access to areas containing hazards)

**Injuries:** burnt hand (oven)

**Strategies** set of written guidelines provided by employer on working safely, training in how to do the job safely, supervision while learning new tasks



## ► JULIA AGE: 16 JOB: SUPERMARKET CHECKOUT OPERATOR / SHELF PACKER

**Responsibilities** cash register, packing shelves, carrying boxes

**OHS Hazards:** manual handling (lifting/lowering/pulling/pushing/carrying/holding objects at checkout and shelves), working at heights (stacking shelves, getting items for customers), solid and liquid spills (dropped/damaged stock), using hand tools to open boxes and move shelving (retractable knives, screwdrivers)

**Barriers to OHS:** poor communication/reporting of OHS hazards, lack of OHS procedures to respond to OHS hazards

**Injuries:** fractured ribs (slipping on spilt milk)

**Strategies** use a trolley to carry heavy/large objects, new procedures to report hazards, consultation with OHS committee to discuss and resolve workplace hazards

► **PAT**

**AGE: 16**

**JOB: FARMHAND**



**Responsibilities**      feeding and caring for animals, mustering, fencing, moving large/heavy objects

**OHS Hazards:**      manual handling (lifting/lowering/pushing/pulling/holding of feed/equipment/fencing materials), kicking and biting animals (horses), trips and falls (tripping over rabbit hole), use of hand and power tools for fencing/cleaning/feeding/digging (shovels, pitchforks, hammers, hand saws, screwdrivers, electric drills), over-exertion and fatigue (lifting heavy loads, repetitive movements)

**Barriers to OHS:**      lack of OHS orientation and training, including safe manual handling techniques (showing how to do the job safely and training in identifying and reporting hazards), not taking regular breaks to avoid fatigue, pressure or harassment to ignore OHS (abuse from brother for stopping work)

**Injuries:**      strained back muscles (moving feed), bruised nose (rabbit hole), bitten by horses, cuts

**Strategies**      lift heavy items with someone else, training in safe manual handling techniques, regular OHS training and supervision in how to do the job safely

► **JOEY**

**AGE: 15**

**JOB: PIZZERIA WORKER**



**Responsibilities**      getting equipment from store room, getting ingredients from cool-room, cleaning, waiting on tables

**OHS Hazards:**      manual handling (lifting/lowering/pushing/pulling items on and off high shelves), hazardous cleaning materials (detergents, bleach, degreaser), extreme temperatures (cool room and pizza oven), slippery/wet floors (solid and liquid spills, recently mopped floors), fatigue (physically demanding work, long shifts), hazardous workplace practices (not using a ladder to work at heights, lifting items down from high shelves unsafely)

**Barriers to OHS:**      lack of safety equipment (no ladder provided to work safely at heights), pressure or harassment to ignore OHS (being ridiculed/intimidated/ignored/sacked after expressing OHS concerns, being injured or almost injured at work), no manual handling training (safe techniques to avoid sprains and strains)

**Injuries:**      strained neck muscles (falling off table)

**Strategies**      speak up about OHS concerns, get and use the correct equipment to do the job safely

## ACTIVITY SHEET 2: YOUNG WORKER SCENARIOS

**KRISTEN**

JOB TASKS

WHAT ARE THE OHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR KRISTEN?

STRATEGIES



**AMELIA**

JOB TASKS

WHAT ARE THE OHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR AMELIA?

STRATEGIES



**DARCY**

JOB TASKS

WHAT ARE THE OHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR DARCY?

STRATEGIES



## ACTIVITY SHEET 2: YOUNG WORKER SCENARIOS

**JULIA**

JOB TASKS

WHAT ARE THE OHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR JULIA?

STRATEGIES



**PAT**

JOB TASKS

WHAT ARE THE OHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR PAT?

STRATEGIES



**JOEY**

JOB TASKS

WHAT ARE THE OHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR JOEY?

STRATEGIES

